

Dear Parents and Carers,,

Firstly, a huge thank you to over 200 of you who made the time to join us for our first Bring An Adult To School Day (BAATSD). The school is always at its best when the community joins us and the children had a wonderful time creating images of what makes them proud. Dionne also sent out bunting display featuring positive messages for the world every child will receive a template to complete at home and return it to school for the display. The class with the most bunting returned will win a special game session and have the chance to choose a new game for their classroom.

A massive thank you for all of you who joined us on Friday for our Black History Month event. It really was a great celebration of our diversity but also some fantastic performances from the children who attend Jess' after school singing club. There were brilliant ensemble pieces and a solo so a huge well done to all children. Additionally, a particular thank you to all of those from Ashmount Together who were there to help and support for the event.

A reminder that we are beginning to collect an array of coats and school uniform which are available to be taken home from the patio space outside the main hall, it would be great if these could be collected by Friday but also if you could kindly help us by putting your child's initials and class on their uniform labels.

Finally, a reminder that we break up for half term on Friday at 3:15 p.m. Thank you for all of your support and help this term and please remember that we have our first Parent Conferences of the term on Wednesday 5th and Thursday 6th November

Best wishes,

Anthony

Developmental Language Disorder Awareness Day



DLD is a type of neurodiversity. It affects 7% of people causing difficulties understanding and using language for no known reason.

DLD impacts the way a person communicates and understands language (needing more processing time, misunderstanding instructions, difficulties digesting complex information).

DLD affects the way someone expresses themselves (difficulties using the right words, putting words in the wrong order, finding it hard to retell stories in an ordered way).

Simple things we can do to support those with DLD:

- Consider how to best communicate (speaking, writing, using visuals, gestures and signs)
- Show patience and empathy
- Allow short breaks

Children with DLD at Whittington Health may be able to access support from their local mainstream schools SLT department.

If you are concerned about a child who is has difficulties with understanding and use of language, speak to your school SENCo.





What difference does Place2Be make in your child's school?



**Place2Be is a charity working in schools to
improve the emotional wellbeing of children.**

How Place2Be works

The Place2Be room is a place where children and young people can go to share their worries, through talking and creative work. Our team helps children and young people to find ways of coping with difficulties, so they can focus on their learning and building friendships.

"Oh, she has definitely changed...in the way she feels about her school life, her home life, and just the way she is in herself - she is a lot happier."

Parent of child using
Place2Be support services



How we help

Children and young people

Place2Be works with children one-to-one and in small groups, offering regular support for those who will benefit most. All pupils can find help with friendship issues, school pressures and other worries.

Families

Parents and carers of children and young people in Place2Be schools can access free advice, resources and services as part of our support for the whole school. Learn more at place2be.org.uk/family.

If you'd like to know more about Place2Be, talk to:

Freya Walker - freya.walker@place2be.org.uk

place2be.org.uk

Place2Be is a national charity working in England, Scotland and Wales.
Place2Be, 175 St John Street, Clerkenwell, London EC1V 4LW.
Registered Charity Number: England and Wales 1040756;
Scotland SC038649; Company Number: 02876150

Royal Patron HRH The Princess of Wales





Parenting Smart



We all want the best for our children, but parenting can be really tough sometimes. We've all been there.

Place2Be's Parenting Smart is a site for parents and carers of 4-11 year olds, offering practical advice on supporting your child and managing behaviour.

All of our content is created by Place2Be's parenting experts. It's based on evidence and their experiences working with children, young people and their families.

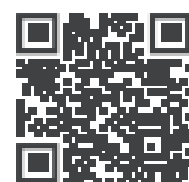


Designed with busy parents in mind, the site has short videos and articles on topics from meltdowns to bullying, from sleeping difficulties to encouraging self-confidence.



Learn more at
parentingsmart.org.uk

Or scan me



Exclusive to schools supported by Place2Be

Parenting Smart – Online Course

Parents and Carers of 4-11 year olds can access our free online course providing you with **extra tools to deal with everyday parenting challenges.**

The course aims to help you **strengthen your relationship with your child** and **respond helpfully to challenging behaviour.** You can also join discussions with other parents and carers in your group from across the UK.

Designed to fit around busy family lives, the 4-week course can be **broken down into short 15-minute sections** and you can access it from your mobile phone, tablet or any other device.

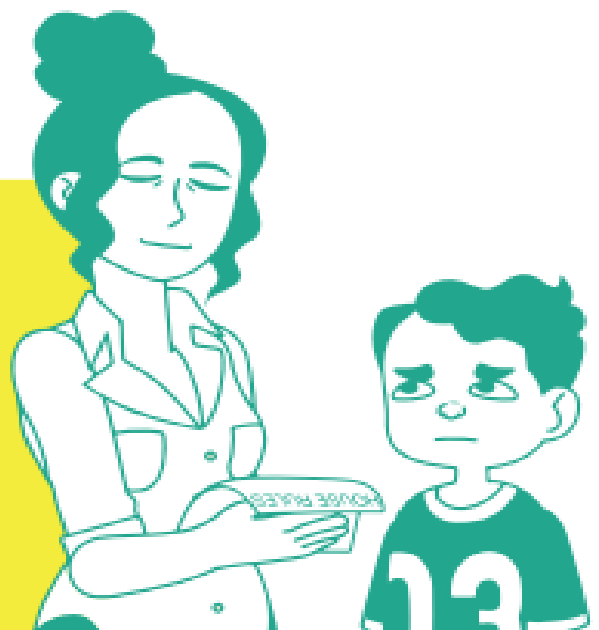
All of the content is based on the latest evidence and experience from Place2Be's Parenting Team, in partnership with South London and Maudsley-NHS Foundation Trust.

- ✓ Free
- ✓ No fixed times
- ✓ Accessible from any device
- ✓ Hear from other parents around the UK
- ✓ Place2Be professional on hand to support learning



Learn more at
place2be.org.uk/family

Or scan me





UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.





First fundraiser of the school year!

If you or your kids love football and want to join the ashmount fantasy league, set up your team, donate the minimum £5 per team to the Ashmount Together our school PTA, then contact your year rep to get the code to join the league.

It doesn't matter if you have never played it before or you are a seasoned pro. You can also join late and still be in with a chance of winning something. There will be prizes for the league and the cup. We will also recognise the managers of the month, so get picking your team!

<https://fantasy.premierleague.com/>

<https://www.justgiving.com/charity/ashmountschoolpta>

Ashmount PTA – Autumn 2025 Update

Welcome! A warm welcome to all new parents and carers! Join in, meet other families, and help make our events and activities a success.

Welcome Coffee Morning

 **Friday 3 October, 9:05-9:45am**

 **School Music Room**

Meet other parents & the PTA team. Relaxed, informal, and a great way to ask any questions.

Ashmount School Band Jam

 **Thursday 9 October, 7:00-9:00pm**

 **School Music Room**

Guitarists & bass players welcome! Bring your instrument or just come along to join the fun.

Get Involved

Ways to take part:

- **Class WhatsApp Groups** – quickest way to hear about events & volunteer opportunities.
 Contact your Class Rep or email hello@ashmount-together.co.uk
- **Volunteer at events** – tuck shops, fairs, and more
- **Share your skills** – music, baking, design, spreadsheets... even from home!
- **Attend PTA meetings/socials** – help shape what we do

Black History Month

 **Friday 17 October 2025, 3:30-5:30pm**

 **Theme:** "Standing Firm in Power and Pride"

Celebrate resilience, achievements & contributions of the Black community.

Autumn Term Events

- | | |
|---|---|
| •  Welcome Coffee Morning – 3 Oct | •  Halloween Tuck Shop – 24 Oct |
| •  Black History Month - 17 Oct | •  Winter Fair – 6 Dec |

Fundraising Made Easy

Every contribution helps enhance students' learning experiences, support school activities, and create opportunities beyond the classroom.

-  [EasyFundraising](#) – shop online & raise money at no extra cost
-  **Match Funding** – check with your employer if it's a benefit they offer
-  [Direct Donations](#) – give anytime, big or small

Contact the PTA

hello@ashmount-together.co.uk – central inbox for all enquiries.

 **Quick tip:** Scan, save dates, and sign up to volunteer — every bit helps!

Take a Book Leave a Book



We're excited to introduce our brand-new Pop-Up book Hut in the school entrance! This free mini-library will be open to all our families—a wonderful way to share the joy of reading.

Here's how it works: **simply take a book, leave a book, or swap a favourite** to keep our shelves full of stories for everyone to enjoy. It's a fun and easy way to discover new books and share ones you've loved.

Next time you're in school, stop by the Book Hut and see what treasures you can find!

-Beyza



ASHMOUNT PRIMARY SCHOOL WEEKLY NEWSLETTER

Friday 17th October 2025

Islington Autumn -
Winter Menu

WEEK ONE

W/C

3rd November

24th November

15th December

19th January

9th February

9th March

MONDAY

Planet Friendly Day

Option one

Homemade Beetroot
and Lentil Burger in a
Bun (VE) with Potato
Wedges (VE)

Option two

Autumn Harvest
Lasagne (V)

Vegetables

Broccoli (VE)
Carrots (VE)

Dessert

Apple and Raisin
Flapjack (VE)

TUESDAY

Planet Friendly Balls in
Tomato Sauce with
Rice (VE)

Hearty Beef and Lentil
Bolognese with
Spaghetti
Green Beans (VE)
Cauliflower (VE)

NEW Apple Crumb
Cake with Custard
(V)

WEDNESDAY

Lentil Wellington with
Roast Potatoes and
Gravy (VE)

Roast Chicken with
Stuffing, Roasted
Potatoes and
Gravy

Peas (VE)
Red Cabbage (VE)

Yoghurt (V) with
Pumpkin Seeds and
Fresh Fruit

THURSDAY

Saucy Tomato and Bean
Pasta Bake (VE)

NEW Chicken Biryani
with Turmeric Bread

Butternut Squash (VE)
Roasted Peppers (VE)

Strawberry Jelly with
Mandarins (VE)

FRIDAY

Red Pepper Frittata
with Chips & Tomato
Sauce (V)

Fishfingers with Chips &
Tomato Sauce

Peas (VE)
Sweetcorn (VE)
Yoghurt (V) with Sunflower
Seeds and Fresh Fruit

WEEK TWO

W/C

10th November

1st December

5th January

26th January

23rd February

16th March

Option one

NEW Chefs Special Lentil
Curry with Rice and
Homemade Flatbread
(VE)

Option two

Hearty Spaghetti
Bolognese (VE)

Vegetables

Green Beans (VE)
Cauliflower (VE)

Dessert

Peach Upside Down
Cake (V)

Classic Cheese and
Tomato Pizza
with Wedges (V)

Chicken and Sweetcorn
Meatballs in Tomato
Sauce with Rice

Carrots (VE)
Sweetcorn (VE)

Chocolate and Banana
Oaty Square (VE)

BBQ Quorn with
Seasoned Potatoes and
Sweetcorn Salsa (VE)

BBQ Chicken with
Seasoned Potatoes and
Sweetcorn Salsa

Broccoli (VE)
Peas (VE)

Yoghurt (V) with Sunflower
Seeds and Fresh Fruit

Creamy Chickpea
and Coconut Curry
with Rice (VE) Mash
and Gravy (VE)

NEW Beef Lasagne with
Garlic Bread

Leeks (VE)
Courgettes (VE)

Sticky Toffee Apple
Crumble (VE) with
Custard (V)

Lentil and Basil Whirl
(VE) with Wedges (VE)

Fishfingers with Chips &
Tomato Sauce

Peas (VE)
Baked Beans (VE)

Yoghurt (V) with Pumpkin
Seeds and Fresh Fruit

WEEK THREE

W/C

17th November

8th December

12th January

2nd February

2nd March

23rd March

Option one

Mild Mexican Chilli with
Rice (VE)

Option two

Macaroni
Cheese and Tomato and
Herb Bread (V)

Vegetables

Baked Beans (VE)
Peas (VE)

Dessert

Yoghurt (V) with Sunflower
Seeds and Fresh Fruit

Cheese and Bean
Pasty with Wedges (V)

NEW Chicken 50%
Enchilada Bake with
Paprika Wedges
Sweetcorn (VE)
Broccoli (VE)

Pear Crumble
with Custard (V)

Sausage and Roast
Potatoes and Gravy
(VE)

Mild Caribbean
Chicken with Golden
Rice

Green Beans (VE)
Cauliflower (VE)

Yoghurt (V) and
Fresh Fruit

Caribbean Stew with Golden
Rice (VE)

Minced Beef
Cottage Pie

Carrots (VE)
Peppers (VE)

Wholemeal Orange and
Cinnamon Shortbread (VE)

Tomato and Butterbean
Pasta (VE)

Salmon Fishfingers / Pollock
Fishfingers with New
Potatoes

Coleslaw (VE)
Peas (VE)

Chocolate and Apple
Sponge and Chocolate
Sauce (V)

MENU KEY



Added Plant Protein



Planet Friendly
Option



Local Red Tractor Meat

Vegan (VE)

(V) Vegetarian

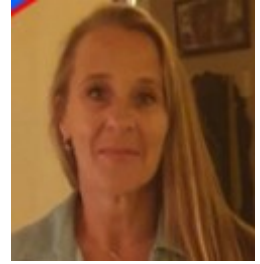
Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily - Milk (V)

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Annabel's Inclusion Corner



Thank you to everyone who wore red today (Friday 17th October) to support **Show Racism the Red Card**.

I launched SRTRC in Monday's assembly because at Ashmount we are passionate about celebrating diversity and have zero tolerance for racism!

Parents have been emailed information on how to donate via text or QR code. Remember:

Every heart and every mind that we change, changes at least one life but has the capacity to change hundreds, if not thousands of others.

Be a proud anti-racist. Be the difference.

17 October 2025. Developmental Language Disorder Day (#DLDday), now in its seventh year, is celebrated annually around the world with more than 40 countries involved. In 2023, over 80 landmarks from around the world lit up in purple and yellow on or around #DLDday. On Friday The Whittington Hospital lit up the front of the building in purple to mark the occasion.



Please read the leaflet on page 2 DLD Day. There will also be a copy attached to the newsletter email.



Lining up winners No Lining up winners this week – we will try better next week !

Weekly Attendance 13.10.25 — 17.10.25

Class	Percentage
Nursery	97.8
Reception Blue	96.0
Reception Green	88.4
1 Blue	93.6
1 Green	91.0
2 Blue	92.0
2 Green	90.9
3 Blue	96.4
3 Green	93.4
4 Blue	96.3
4 Green	93.4
5 Blue	93.5
5 Green	95.3
6 Blue	92.7
6 Green	92.1

Our best attending classes this year were:

Nursery, 1 Blue, 3 Blue and 5 Green

Well done children and parents. These classes will have an extra 5 minutes of play during the first week back and an ice cream!

At Ashmount, we are aiming for at least 97% attendance in each class. Attendance for all pupils is a huge focus with the mantra being:

"Every minute matters , Every second counts"

If you need support with attendance contact Nadia, our School Home Support lead, or Katie and Shajia at the school office.

Times Tables Rock Stars

Congratulations to this week's current league table leaders in each year group! In line with our Growth Mindset philosophy, this charts the biggest improvement in correct scores over the last seven days.

The top 3 most improved children for each year group this week are:

Year 3 Ekram, Olive and Usman

Year 4 Joely, Oliver and Ovidi

Year 5 Mumin, Dilara and Abdur-Rahman

Year 6 Muhammedyusa, Martha and Elham



ASHMOUNT PRIMARY SCHOOL WEEKLY NEWSLETTER

Friday 17th October 2025

What we are learning next week:

Nursery

Maths: We will be consolidating our learning from this half-term.

English: We will be innovating our story 'Baby goes to market.'

Reception:

English- We will be learning to innovate the story 'So Much' by Trish Cooke.

Maths- We will be continuing to develop and consolidate our counting skills.

Year 1

English: We will be publishing and performing our stories.

Maths: We will be consolidating our understanding of number bonds

Year 2

English: We will be writing our own stories linked to our class text 'The Papaya that Spoke'.

Maths: We will be multiplying by 2, 5 and 10.

Year 3

English: We will be publishing our own suspense stories and writing blurbs.

Maths: We will be solving word problems involving addition and subtraction.

Year 4

Maths: We will be looking at subtracting with and without renaming.

English: We will be publishing our suspense stories.

Year 5:

English: We have been learning about the life of Walter Tull in English this week, and publishing our Big Write stories

Maths: we have been multiplying 4 digit numbers and multiplying in 10s, 100s and 1000s

Year 6:

English: We will be planning and writing our own suspense stories

Maths: We will be learning about multiples; finding common multiples using our time tables knowledge.

School Diary Dates

Full school term dates are on our website.

Educational Visits and Workshops

Tuesday Class Assembly dates

Tues 21st Oct 1 Green

Tues 11th Nov 5 Blue

Tues 18th Nov 4 Green

Tues 25th Nov 3 Blue

Tues 2nd Dec 6 Green

Whole School/Ashmount Together Events

Mon 20th—R-Year 6 Flu Vaccinations

Friday 24th October—Halloween Dress Up Day

Wed 5th and Thur 6th Nov—Parent Conferences

Tuck shop dates

Fri 24th Oct - Reception

Fri 7th Nov - Year 1

Fri 14th Nov - Year 6

Fri 21st Nov - Year 2

Fri 28th Nov - Year 4

Fri 5th Dec - Christmas event

Fri 12th Dec - Year 3

Term Dates

Autumn 1 half term finishes on:

Friday 24th October 3:15 p.m.

Autumn 2 starts Monday 3rd November 9 a.m.

Friday 17th October 2025

Our learning in pictures: Nursery



Our learning in pictures: Reception



Our learning in pictures: Year 1



Friday 17th October 2025

Our learning in pictures: Year 2

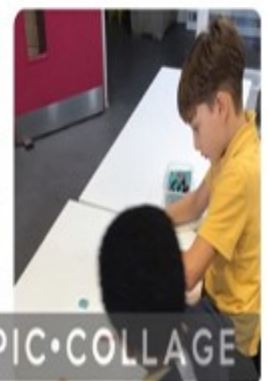
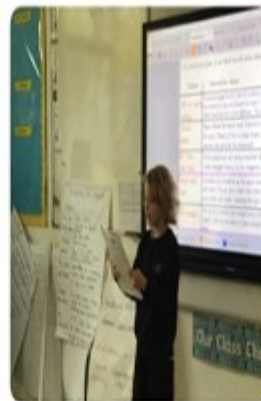
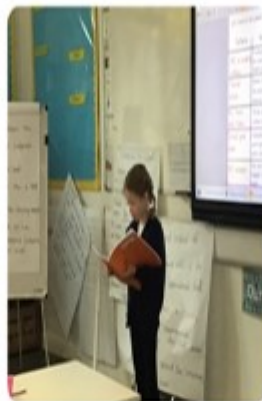


Friday 17th October 2025

Our learning in pictures: Year 3



Our learning in pictures: Year 4



Our learning in pictures Year 5



Our learning in pictures Year 6

