

Dear Parents and Carers,

Next week has an array of activities taking place, firstly our termly Bring An Adult To School Day. See the poster on page 2 and we would really like as many as possible of you to join us with your children in their classes as we create an array of images celebrating our diverse community.

This will be followed on Friday by our first community celebration of the year with a BHM celebration with an array of events alongside food and drinks available from 3:30 p.m. until 5:30 p.m. This day also celebrates Show Racism the Red card so we'd be grateful if children could come to school that day wearing red.

Annabel, in her section, is giving a big plug for Families for Life who are looking for enthusiastic parent or carer volunteers to help promote healthy lifestyles in schools and communities. See page 14 for details.

I am also including details of our child and parent offer from Place2Be, our amazing therapeutic support for children, parents and their staff. It is one of those services that we are rightly proud of and Freya our new co-ordinator has an array of skills to share with the community to help all of our children. See pages 3-7 for more details.

A reminder that our booking platform for our Parent conferences is now live. These take place on Wednesday 5th and Thursday 6th November.

On Friday 24th October we would like children to dress up for Halloween, it's been hugely popular in the past and we hope it will be this year. We would ask each family for a £1 donation which we will use to support our community garden.

Finally a plug for our Scholastic book Fair this week and a the winning entries from the Book Poster design competition. Beyza is also pleased to announce a new great Give a Book take a Book pop up Book Hut, which will be located by Reception. See pages 10-12 for more details.

Best wishes,

Anthony



Join us on Thursday, 16th October at 9.05am for a special creative session with your child/ren! Together, we'll celebrate Black History Month through art, as children express what makes them feel proud of who they are.





What difference does Place2Be make in your child's school?



**Place2Be is a charity working in schools to
improve the emotional wellbeing of children.**

How Place2Be works

The Place2Be room is a place where children and young people can go to share their worries, through talking and creative work. Our team helps children and young people to find ways of coping with difficulties, so they can focus on their learning and building friendships.

"Oh, she has definitely changed...in the way she feels about her school life, her home life, and just the way she is in herself - she is a lot happier."

Parent of child using
Place2Be support services



How we help

Children and young people

Place2Be works with children one-to-one and in small groups, offering regular support for those who will benefit most. All pupils can find help with friendship issues, school pressures and other worries.

Families

Parents and carers of children and young people in Place2Be schools can access free advice, resources and services as part of our support for the whole school. Learn more at place2be.org.uk/family.

If you'd like to know more about Place2Be, talk to:

Freya Walker - freya.walker@place2be.org.uk

place2be.org.uk

Place2Be is a national charity working in England, Scotland and Wales.
Place2Be, 175 St John Street, Clerkenwell, London EC1V 4LW.
Registered Charity Number: England and Wales 1040756;
Scotland SC038649; Company Number: 02876150

Royal Patron HRH The Princess of Wales





Parenting Smart



We all want the best for our children, but parenting can be really tough sometimes. We've all been there.

Place2Be's Parenting Smart is a site for parents and carers of 4-11 year olds, offering practical advice on supporting your child and managing behaviour.

All of our content is created by Place2Be's parenting experts. It's based on evidence and their experiences working with children, young people and their families.



Designed with busy parents in mind, the site has short videos and articles on topics from meltdowns to bullying, from sleeping difficulties to encouraging self-confidence.



Learn more at
parentingsmart.org.uk

Or scan me



Exclusive to schools supported by Place2Be

Parenting Smart – Online Course

Parents and Carers of 4-11 year olds can access our free online course providing you with **extra tools to deal with everyday parenting challenges.**

The course aims to help you **strengthen your relationship with your child** and **respond helpfully to challenging behaviour.** You can also join discussions with other parents and carers in your group from across the UK.

Designed to fit around busy family lives, the 4-week course can be **broken down into short 15-minute sections** and you can access it from your mobile phone, tablet or any other device.

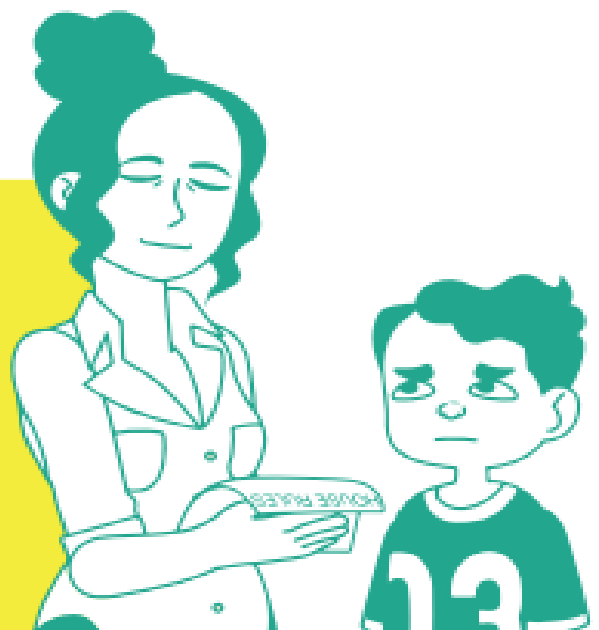
All of the content is based on the latest evidence and experience from Place2Be's Parenting Team, in partnership with South London and Maudsley-NHS Foundation Trust.

- ✓ Free
- ✓ No fixed times
- ✓ Accessible from any device
- ✓ Hear from other parents around the UK
- ✓ Place2Be professional on hand to support learning



Learn more at
place2be.org.uk/family

Or scan me





UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.





First fundraiser of the school year!

If you or your kids love football and want to join the ashmount fantasy league, set up your team, donate the minimum £5 per team to the Ashmount Together our school PTA, then contact your year rep to get the code to join the league.

It doesn't matter if you have never played it before or you are a seasoned pro. You can also join late and still be in with a chance of winning something. There will be prizes for the league and the cup. We will also recognise the managers of the month, so get picking your team!

<https://fantasy.premierleague.com/>

<https://www.justgiving.com/charity/ashmountschoolpta>

Ashmount PTA – Autumn 2025 Update

Welcome! A warm welcome to all new parents and carers! Join in, meet other families, and help make our events and activities a success.

Welcome Coffee Morning

 **Friday 3 October, 9:05-9:45am**

 **School Music Room**

Meet other parents & the PTA team. Relaxed, informal, and a great way to ask any questions.

Ashmount School Band Jam

 **Thursday 9 October, 7:00-9:00pm**

 **School Music Room**

Guitarists & bass players welcome! Bring your instrument or just come along to join the fun.

Get Involved

Ways to take part:

- **Class WhatsApp Groups** – quickest way to hear about events & volunteer opportunities.
 Contact your Class Rep or email hello@ashmount-together.co.uk
- **Volunteer at events** – tuck shops, fairs, and more
- **Share your skills** – music, baking, design, spreadsheets... even from home!
- **Attend PTA meetings/socials** – help shape what we do

Black History Month

 **Friday 17 October 2025, 3:30-5:30pm**

 **Theme:** "Standing Firm in Power and Pride"

Celebrate resilience, achievements & contributions of the Black community.

Autumn Term Events

- | | |
|---|---|
| •  Welcome Coffee Morning – 3 Oct | •  Halloween Tuck Shop – 24 Oct |
| •  Black History Month - 17 Oct | •  Winter Fair – 6 Dec |

Fundraising Made Easy

Every contribution helps enhance students' learning experiences, support school activities, and create opportunities beyond the classroom.

-  [EasyFundraising](#) – shop online & raise money at no extra cost
-  **Match Funding** – check with your employer if it's a benefit they offer
-  [Direct Donations](#) – give anytime, big or small

Contact the PTA

hello@ashmount-together.co.uk – central inbox for all enquiries.

 **Quick tip:** Scan, save dates, and sign up to volunteer — every bit helps!



The scholastic book fair is coming back to Ashmount!

Come to the book fair to earn free books for our school.

Date: 10 October – 15 October 2025

Place: Patio on the lower ground playground

Your child can win a £5 prize voucher to use at the book fair by designing a book character and handing it into Beyza (6 Blue) by Thursday 9th October 2025.

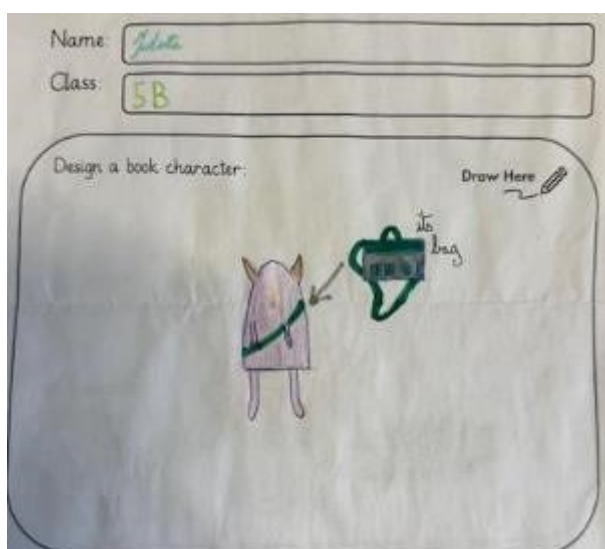
5 lucky winners will get a £5 prize voucher!

(Please write child's name and class on their entry)

Friday 10th October 2025

The Scholastic book fair 'design a character' competition winners

Dylan (RG), Nora (1B), Amelie (2B), Alfie (3B), Juliette (5B), Zahra (6G)



Take a Book Leave a Book



We're excited to introduce our brand-new Pop-Up book Hut in the school entrance! This free mini-library will be open to all our families—a wonderful way to share the joy of reading.

Here's how it works: **simply take a book, leave a book, or swap a favourite** to keep our shelves full of stories for everyone to enjoy. It's a fun and easy way to discover new books and share ones you've loved.

Next time you're in school, stop by the Book Hut and see what treasures you can find!

-Beyza



ASHMOUNT PRIMARY SCHOOL WEEKLY NEWSLETTER

Friday 10th October 2025

Islington Autumn - Winter Menu

WEEK ONE

W/C

3rd November

24th November

15th December

19th January

9th February

9th March

MONDAY

Planet Friendly Day

Option one

Homemade Beetroot and Lentil Burger in a Bun (VE) with Potato Wedges (VE)

Option two

Autumn Harvest Lasagne (V)

Vegetables

Broccoli (VE)
Carrots (VE)

Dessert

Apple and Raisin Flapjack (VE)

TUESDAY

Planet Friendly Balls in Tomato Sauce with Rice (VE)

Hearty Beef and Lentil Bolognese with Spaghetti
Green Beans (VE)
Cauliflower (VE)

NEW Apple Crumb Cake with Custard (V)

WEDNESDAY

Lentil Wellington with Roast Potatoes and Gravy (VE)

Roast Chicken with Stuffing, Roasted Potatoes and Gravy

Peas (VE)
Red Cabbage (VE)

Yoghurt (V) with Pumpkin Seeds and Fresh Fruit

THURSDAY

Saucy Tomato and Bean Pasta Bake (VE)

NEW Chicken Biryani with Turmeric Bread

Butternut Squash (VE)
Roasted Peppers (VE)

Strawberry Jelly with Mandarins (VE)

FRIDAY

Red Pepper Frittata with Chips & Tomato Sauce (V)

Fishfingers with Chips & Tomato Sauce

Peas (VE)
Sweetcorn (VE)
Yoghurt (V) with Sunflower Seeds and Fresh Fruit

WEEK TWO

W/C

10th November

1st December

5th January

26th January

23rd February

16th March

Option one

NEW Chefs Special Lentil Curry with Rice and Homemade Flatbread (VE)

Option two

Hearty Spaghetti Bolognese (VE)

Vegetables

Green Beans (VE)
Cauliflower (VE)

Dessert

Peach Upside Down Cake (V)

Classic Cheese and Tomato Pizza with Wedges (V)

Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice

Carrots (VE)
Sweetcorn (VE)

Chocolate and Banana Oaty Square (VE)

BBQ Quorn with Seasoned Potatoes and Sweetcorn Salsa (VE)

BBQ Chicken with Seasoned Potatoes and Sweetcorn Salsa

Broccoli (VE)
Peas (VE)

Yoghurt (V) with Sunflower Seeds and Fresh Fruit

Creamy Chickpea and Coconut Curry with Rice (VE) Mash and Gravy (VE)

Beef Lasagne with Garlic Bread

Leeks (VE)
Courgettes (VE)

Sticky Toffee Apple Crumble (VE) with Custard (V)

Lentil and Basil Whirl (VE) with Wedges (VE)

Fishfingers with Chips & Tomato Sauce

Peas (VE)
Baked Beans (VE)

Yoghurt (V) with Pumpkin Seeds and Fresh Fruit

WEEK THREE

W/C

17th November

8th December

12th January

2nd February

2nd March

23rd March

Option one

Mild Mexican Chilli with Rice (VE)

Option two

Macaroni Cheese and Tomato and Herb Bread (V)

Vegetables

Baked Beans (VE)
Peas (VE)

Dessert

Yoghurt (V) with Sunflower Seeds and Fresh Fruit

Cheese and Bean Pasty with Wedges (V)

NEW Chicken 50% Enchilada Bake with Paprika Wedges
Sweetcorn (VE)
Broccoli (VE)

Pear Crumble with Custard (V)

Sausage and Roast Potatoes and Gravy (VE)

Mild Caribbean Chicken with Golden Rice

Green Beans (VE)
Cauliflower (VE)

Yoghurt (V) and Fresh Fruit

Caribbean Stew with Golden Rice (VE)

Minced Beef Cottage Pie

Carrots (VE)
Peppers (VE)

Wholemeal Orange and Cinnamon Shortbread (VE)

Tomato and Butterbean Pasta (VE)

Salmon Fishfingers / Pollock Fishfingers with New Potatoes

Coleslaw (VE)
Peas (VE)

Chocolate and Apple Sponge and Chocolate Sauce (V)

MENU KEY



Added Plant Protein



Planet Friendly Option



Local Red Tractor Meat

Vegan (VE)

(V) Vegetarian

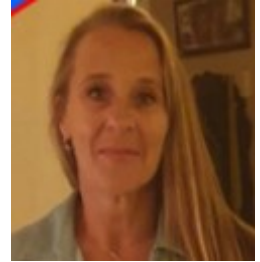
Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily - Milk (V)

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Annabel's Inclusion Corner



Families for Life
feeling good and living well



Do you want to help families live healthier lives while building your skills and making new friends?

Become a **Champion!**

Families for Life is looking for enthusiastic parent or carer volunteers to help promote healthy lifestyles in schools and communities. Whether it's chatting at the school gate, running fun workshops, or sharing events on WhatsApp - you can make a real difference!

What you can do:

- ✓ Help out with exciting health programmes like Family Kitchen and Taste Education
- ✓ Support school gate activities (flu jabs, oral health, parent surveys)
- ✓ Run parent workshops on healthy snacks, lunches, and breakfasts
- ✓ Share info through your networks and help families thrive

What you'll get:

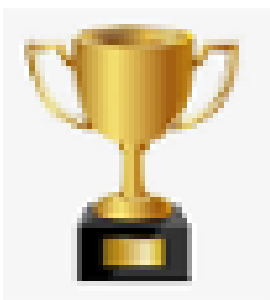
- Free training & certificates
- Travel reimbursements
- Boost your CV & explore **paid** opportunities
- Build friendships & community connections
- Learn more about local services and healthy living

Flexible commitment: Just **one** activity per half term, with full support and training provided.

Ready to get involved?

Click [here](https://forms.office.com/r/8paXEmEvBS) to fill out the short application form (<https://forms.office.com/r/8paXEmEvBS>) or by scanning the QRCode above **BY THE 31ST OCTOBER!**

Don't hesitate to email margherita.locatelli@slington.gov.uk for more information.



Lining up winners KSI: 2G and KS2: 3G

Weekly Attendance 06.10.25 — 10.10.25

Class	Percentage
Nursery	96.9
Reception Blue	95.0
Reception Green	88.3
1 Blue	94.6
1 Green	91.0
2 Blue	90.7
2 Green	90.8
3 Blue	97.2
3 Green	92.3
4 Blue	96.9
4 Green	94.1
5 Blue	93.6
5 Green	95.7
6 Blue	92.8
6 Green	93.8

Our best attending classes this year were:

Nursery, 1 Blue, 3 Blue and 5 Green

Well done children and parents. These classes will have an extra 5 minutes of play during the first week back and an ice cream!

At Ashmount, we are aiming for at least 97% attendance in each class. Attendance for all pupils is a huge focus with the mantra being:

"Every minute matters , Every second counts"

If you need support with attendance contact Nadia, our School Home Support lead, or Katie and Shajia at the school office.

Times Tables Rock Stars

Congratulations to this week's current league table leaders in each year group! In line with our Growth Mindset philosophy, this charts the biggest improvement in correct scores over the last seven days.

The top 3 most improved children for each year group this week are:

Year 3: Ekram, Sydney, Seena

Year 4: Shukri, Oliver, Maisha

Year 5: Mumin, Abdur Rahman, Dilara

Year 6: Elham, Muhammedyusa, Martha



CONGRATULATIONS!

ASHMOUNT PRIMARY SCHOOL WEEKLY NEWSLETTER

Friday 10th October 2025

What we are learning next week:

Nursery

English: We will be learning to imitating the story 'Baby Goes to Market' by Atinuke.

Maths: We will be comparing the size of objects using mathematical language.

Reception:

English- We will be learning to imitate the story 'So Much' by Trish Cooke.

Maths- We will be learning to develop our counting skills.

Year 1

English: We will be orally rehearsing our five sentence stories and begin writing them down.

Maths: We will continue practicing our number bonds and we will be writing addition number sentences.

Year 2

Maths: We will be learning to multiply with a focus on multiples of 2 and 5.

English: We will be learning to orally tell a story based on the class text.

Year 3

English: We will be writing our own suspenseful story.

Maths: We will be subtracting with renaming and solving word problems involving addition and subtraction.

Year 4

English: We will be writing our own suspenseful story.

Maths: We will be subtracting with and without renaming to find differences.

Year 5:

English: We will be planning and writing a new innovated suspense story based on our new stimulus.

Maths: We will be learning about prime and composite numbers, squared and cubed numbers and how to use a written method to multiply.

Year 6:

English: We will be continuing to innovate our suspense stories.

Maths: We will be focusing on solving worded problems using a variety of methods.

School Diary Dates

Full school term dates are on our website.

Educational Visits and Workshops

Year 2—Mary Seacole Workshop Mon 13th Oct

Tuesday Class Assembly dates

Tues 14th Oct 2 Blue

Tues 21st Oct 1 Green

Tues 11th Nov 5 Blue

Tues 18th Nov 4 Green

Tues 25th Nov 3 Blue

Tues 2nd Dec 6 Green

Whole School/Ashmount Together Events

Bring An Adult To School Day—Thur 16th Oct

Friday 17th—Show Racism The Red Card

Friday 17th October—BHM/Celebration event

Mon 20th—R-Year 6 Flu Vaccinations

Friday 24th October—Halloween Dress Up Day

Wed 5th and 6th Nov—Parent Conferences

Tuck shop dates

Fri 17th Oct - Black history month event

Fri 24th Oct - Reception

Term Dates

Autumn 1 half term finishes on:

Friday 24th October 3:15 p.m.

Friday 10th October 2025

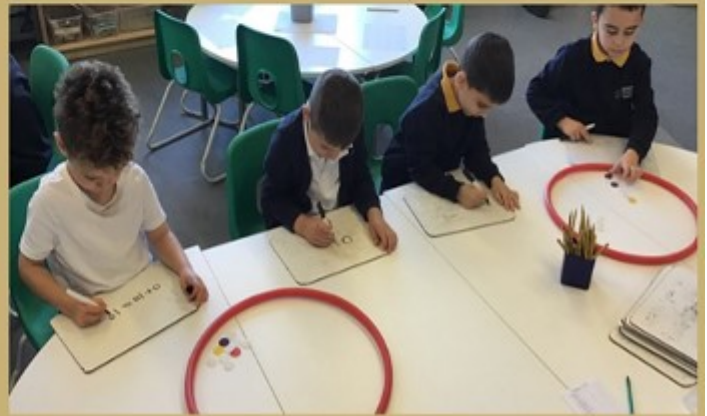
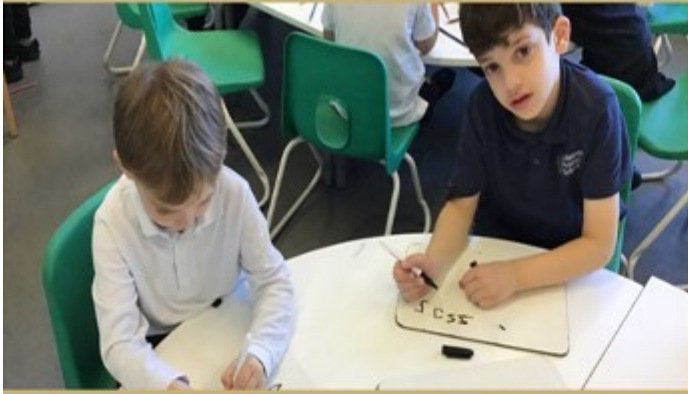
Our learning in pictures: Nursery



Our learning in pictures: Reception



Our learning in pictures: Year 1



PIC COLLAGE

Friday 10th October 2025

Our learning in pictures: Year 2

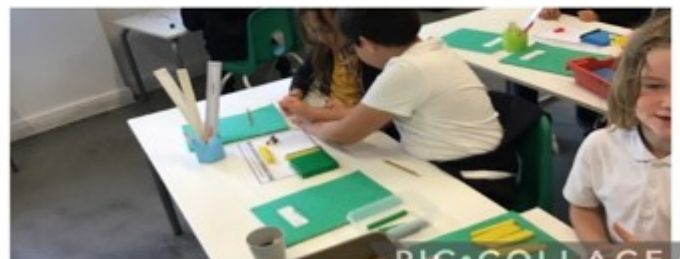


Friday 10th October 2025

Our learning in pictures: Year 3



PIC•COLLAGE



PIC•COLLAGE

Our learning in pictures: Year 4



Friday 10th October 2025

Our learning in pictures Year 5



Our learning in pictures Year 6

