

Friday 26th September 2025

Dear Parents and Carers,

It's been another exiting week of learning and a few reminders for your calendars.

First, next week we begin out intensive swimming sessions for Year 5, where each class will go swimming for an hour a day at Archway Leisure centre for the next fortnight. Please ensure your child brings their swimming costume, swimming hat, towel and goggles and we would suggest a snack for when they have finished their session.

Secondly, we have our first significant community event on Thursday 16th October when we have our Bring An Adult to School day. We would ask any family adult to come and join us for a creative class based event that will run from 9:05 until 11 a.m. approximately.

Then on the Friday 17th October we will have our Black History Month celebration event after school where there will be a children's learning display and a cultural event after school.

I am also including the school menu, which runs until the February half term, this is on page 4.

Then a reminder that the Scholastic Book Fair will be coming to Ashmount from 10th—15th October. We would love the children to create posters to advertise this and Beyza has set a prize for this and if children can please send their entries to Beyza in 6 Blue by Thursday 9th October. (See page 5 for details.)

Best wishes,

Anthony





UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Ashmount PTA Update – September 2025

Hello Ashmount families, and a very warm welcome to all our new parents and carers! ☐

We're excited to be starting a new school year together. The PTA has lots planned for the autumn term - from coffee mornings to community events - and we'd love for you to get involved.

1. Welcome Coffee Morning

Come and meet other parents, carers, and the PTA team at our New Parents / New Term Coffee Morning:

- ☐ **Friday 3 October, 9:05am**
- ☐ **School Music Room**

It's a relaxed way to connect, ask questions, and find out more about what the PTA does.

2. Join the School Band – Guitarists & Bass Players Wanted!

The **Ashmount School Band** is looking for new members - especially guitarists and bass players!

- Come along for a relaxed jam:
- ☐ **Thursday 25 September, 7:00pm**
 - ☐ **School Music Room**

Bring your instrument, or just come along to say hi. It's a fun, informal way to get involved in school life through music.

3. Get Involved

The PTA is for everyone — parents, carers, and staff. We exist to support the wellbeing of our students, enrich their learning environment, and invest in their future experiences. Here's how you can get involved:

- **Join your class WhatsApp group** – the quickest way to hear about events, reminders, and volunteer opportunities. ☐ To join your class WhatsApp group, please contact your Class Rep or email hello@ashmount-together.co.uk, and we'll connect you. *(Please use these groups for school-related matters only.)*
- **Volunteer for events** – from helping at the tuck shop to setting up at the Winter Fayre.
- **Share your skills** – even from home! Whether it's music, baking, design, or spreadsheets, every little helps.
- **Come to meetings/socials** – a great way to meet people and shape what we do.

4. Black History Month – Save the Date

We're delighted to confirm this year's **Black History Month celebration**:

- ☐ **Friday 17 October 2025**
- ☐ **Theme:** "Standing Firm in Power and Pride"

This theme is a meaningful tribute to the resilience, strength, and enduring pursuit of progress within the global Black community. It honours the impactful contributions of Black leaders, activists, and trailblazers, while envisioning a future rooted in empowerment, unity, and continued growth.

Details of performances and activities will follow soon. Please contact hello@ashmount-together.co.uk if you'd like to get involved in any way.

5. Upcoming PTA Events – Autumn Term

Here's what's coming up this term:

- ☐ **Welcome Coffee Morning – Friday 3 October**
- ☐ **Halloween Tuck Shop – Friday 24 October**

- ☐☐ **Bonfire Night – November tbc**
- ☐ **Winter Fayre – Friday 5 December**

More to come. Please save the dates and join us!

6. Fundraising Made Easy

Every contribution helps enhance our students' learning experiences, support school activities, and create opportunities that go beyond the classroom.

A reminder of simple ways you can support Ashmount:

- ☐ **EasyFundraising** – shop online and raise money at no extra cost
- ☐ **Match Funding** – check if your employer offers matched donations
- ☐ **Direct Donations** – give anytime, big or small

Every little helps, and together we make a big difference!

7. New PTA Email Address

We've introduced a central inbox to make it easier for you to reach us. From now on, please use:

- ☐ hello@ashmount-together.co.uk

ASHMOUNT PRIMARY SCHOOL WEEKLY NEWSLETTER

Friday 26th September 2025

Islington Autumn -
Winter Menu

WEEK ONE

W/C

3rd November

24th November

15th December

19th January

9th February

9th March

MONDAY

Planet Friendly Day

Option one

Homemade Beetroot
and Lentil Burger in a
Bun (VE) with Potato
Wedges (VE)

Option two

Autumn Harvest
Lasagne (V)

Vegetables

Broccoli (VE)
Carrots (VE)

Dessert

Apple and Raisin
Flapjack (VE)

TUESDAY

Planet Friendly Balls in
Tomato Sauce with
Rice (VE)

Hearty Beef and Lentil
Bolognese with
Spaghetti
Green Beans (VE)
Cauliflower (VE)

NEW Apple Crumb
Cake with Custard
(V)

WEDNESDAY

Lentil Wellington with
Roast Potatoes and
Gravy (VE)

Roast Chicken with
Stuffing, Roasted
Potatoes and
Gravy

Peas (VE)
Red Cabbage (VE)

Yoghurt (V) with
Pumpkin Seeds and
Fresh Fruit

THURSDAY

Saucy Tomato and Bean
Pasta Bake (VE)

NEW Chicken Biryani
with Turmeric Bread

Butternut Squash (VE)
Roasted Peppers (VE)

Strawberry Jelly with
Mandarins (VE)

FRIDAY

Red Pepper Frittata
with Chips & Tomato
Sauce (V)

Fishfingers with Chips &
Tomato Sauce

Peas (VE)
Sweetcorn (VE)
Yoghurt (V) with Sunflower
Seeds and Fresh Fruit

WEEK TWO

W/C

10th November

1st December

5th January

26th January

23rd February

16th March

Option one

NEW Chefs Special Lentil
Curry with Rice and
Homemade Flatbread
(VE)

Option two

Hearty Spaghetti
Bolognese (VE)

Vegetables

Green Beans (VE)
Cauliflower (VE)

Dessert

Peach Upside Down
Cake (V)

Classic Cheese and
Tomato Pizza
with Wedges (V)

Chicken and Sweetcorn
Meatballs in Tomato
Sauce with Rice

Carrots (VE)
Sweetcorn (VE)

Chocolate and Banana
Oaty Square (VE)

BBQ Quorn with
Seasoned Potatoes and
Sweetcorn Salsa (VE)

BBQ Chicken with
Seasoned Potatoes and
Sweetcorn Salsa

Broccoli (VE)
Peas (VE)

Yoghurt (V) with Sunflower
Seeds and Fresh Fruit

Creamy Chickpea
and Coconut Curry
with Rice (VE) Mash
and Gravy (VE)

Beef Lasagne with
Garlic Bread

Leeks (VE)
Courgettes (VE)

Sticky Toffee Apple
Crumble (VE) with
Custard (V)

Lentil and Basil Whirl
(VE) with Wedges (VE)

Fishfingers with Chips &
Tomato Sauce

Peas (VE)
Baked Beans (VE)

Yoghurt (V) with Pumpkin
Seeds and Fresh Fruit

WEEK THREE

W/C

17th November

8th December

12th January

2nd February

2nd March

23rd March

Option one

Mild Mexican Chilli with
Rice (VE)

Option two

Macaroni
Cheese and Tomato and
Herb Bread (V)

Vegetables

Baked Beans (VE)
Peas (VE)

Dessert

Yoghurt (V) with Sunflower
Seeds and Fresh Fruit

Cheese and Bean
Pasty with Wedges (V)

NEW Chicken 50%
Enchilada Bake with
Paprika Wedges
Sweetcorn (VE)
Broccoli (VE)

Pear Crumble
with Custard (V)

Sausage and Roast
Potatoes and Gravy
(VE)

Mild Caribbean
Chicken with Golden
Rice

Green Beans (VE)
Cauliflower (VE)

Yoghurt (V) and
Fresh Fruit

Caribbean Stew with Golden
Rice (VE)

Minced Beef
Cottage Pie

Carrots (VE)
Peppers (VE)

Wholemeal Orange and
Cinnamon Shortbread (VE)

Tomato and Butterbean
Pasta (VE)

Salmon Fishfingers / Pollock
Fishfingers with New
Potatoes

Coleslaw (VE)
Peas (VE)

Chocolate and Apple
Sponge and Chocolate
Sauce (V)

MENU KEY



Added Plant Protein



Planet Friendly
Option



Local Red Tractor Meat

Vegan (VE)

(V) Vegetarian

Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily - Milk (V)

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.





The scholastic book fair is coming back to Ashmount!

Come to the book fair to earn free books for our school.

Date: 10 October – 15 October 2025

Place: Patio on the lower ground playground

Your child can win a £5 prize voucher to use at the book fair by designing a book character and handing it into Beyza (6 Blue) by Thursday 9th October 2025.

5 lucky winners will get a £5 prize voucher!

(Please write child's name and class on their entry)



First fundraiser of the school year!

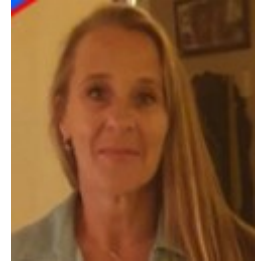
If you or your kids love football and want to join the ashmount fantasy league, set up your team, donate the minimum £5 per team to the Ashmount Together our school PTA, then contact your year rep to get the code to join the league.

It doesn't matter if you have never played it before or you are a seasoned pro. You can also join late and still be in with a chance of winning something. There will be prizes for the league and the cup. We will also recognise the managers of the month, so get picking your team!

<https://fantasy.premierleague.com/>

<https://www.justgiving.com/charity/ashmountschoolpta>

Annabel's Inclusion Corner



Whittington NHS - Children's Occupational Therapy Drop in

If you require advice from an occupational therapist, you can receive support via our occupational therapy drop-in clinic.

What is it?

- A 30 minute virtual or telephone appointment.
- This is a one-off appointment and no open referral is required.
- An opportunity to speak to an occupational therapist (OT) about any concerns you may have regarding your child's development, sensory needs, and self-help skills.
- Advice and support to help you work with your child to achieve their functional goals (e.g. dressing skills, scissor skills, handwriting, cutlery skills etc.)

Universal Early Years Therapies visits

Meet our Speech & Language Therapy team with Bright Start this term:

At Stay & Play sessions:

Our Bright Start Speech & Language Therapists will be at the groups to share tips and ideas to support children's communication and language development.

At an 'Early Communication' Parent / Carer Workshop

Parents / carers of children under 1 years old can meet a Bright Start Speech and Language Therapist during an under 1s Stay and Play session for an informal workshop. They will share information about early communication development and share some ideas on ways to support their child's communication development and play skills.

Further details about our Stay & Play visits and Early Communication workshops can be found here: [Find Your Islington | Speech and Language Therapy](#)



No lining up winners this week for KS1 or KS2. Classes will try their best next week!

Friday 26th September 2025

Weekly Attendance 22.09.25—26.09.25

Class	Percentage
Nursery	100
Reception Blue	93.9
Reception Green	91.3
1 Blue	95.7
1 Green	89.6
2 Blue	90.3
2 Green	90.0
3 Blue	93.8
3 Green	91.9
4 Blue	97.9
4 Green	98.2
5 Blue	96.3
5 Green	98.0
6 Blue	86.0
6 Green	90.4

Our best attending classes this year were:

Nursery, 1 Blue, 4 Green and 5 Green

Well done children and parents. These classes will have an extra 5 minutes of play during the first week back and an ice cream!

At Ashmount, we are aiming for at least 97% attendance in each class. Attendance for all pupils is a huge focus with the mantra being:

"Every minute matters , Every second counts"

If you need support with attendance contact Nadia, our School Home Support lead, or Katie and Shajia at the school office.

Times Tables Rock Stars

Congratulations to this week's current league table leaders in each year group! In line with our Growth Mindset philosophy, this charts the biggest improvement in correct scores over the last seven days.

The top 3 most improved children for each year group this week are:

Year 3 – Isabella D, Leona,
Olive

Year 4 – Georgia, Maisa,
Elysia

Year 5 – Nylah A, Lily,
Mumin

Year 6 – Ecrin, Rosa, Aylin



ASHMOUNT PRIMARY SCHOOL WEEKLY NEWSLETTER

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What we are learning next week:

Nursery

Literacy: We will be inventing our own stories and drawing it on a story map.

Maths: We will be comparing amounts using the language more or fewer.

Reception:

English: We are inventing our own stories, inspired by The Gingerbread Man.

Maths: We will be learning about comparing & ordering.

Year 1

English: We will be exploring using openers in our sentences.

Maths: We will be exploring number bonds to 10

Year 2

English: We will be learning to plan our own stories inspired by 'The Papaya that Spoke'.

Maths: We will be learning to subtract two-digit numbers using formal written methods.

Year 3

English: We will be writing our own suspense story based on 'Zelda Claw and the Rain Cat'.

Maths: We will be adding and subtracting within 1000.

Year 4

English: We will be writing our own suspense story based on 'Zelda Claw and the Rain Cat'.

Maths: We will be learning to round numbers to the nearest 10, 100 and 1000.

Year 5:

English: We will be writing our own suspense story based on Zelda Claw and the Rain Cat.

Maths: We will be learning to subtract within 1,000,000.

Year 6:

English: We will continue to explore the story 'Zelda Claw and the Rain Cat

Maths: We will be multiplying and dividing by a 2 digit number.

School Diary Dates

Full school term dates are on our website.

Educational Visits and Workshops

Year 5 Swimming—29th Sept–3rd Oct

Year 3 Educational visit: Romans workshop (in school) – 30th Sept

Year 6 British Museum—Monday 6th October

Tuesday Class Assembly dates

Tues 30th Sept Year 6 Residential Assembly

Tues 7th Oct 3 Green

Tues 14th Oct 2 Blue

Tues 21st Oct 1 Green

Tues 11th Nov 5 Blue

Tues 18th Nov 4 Green

Tues 25th Nov 3 Blue

Tues 2nd Dec 6 Green

Whole School/Ashmound Together Events

Bring An Adult To School Day—Thur 16th Oct

Friday 17th October—BHM/Celebration event

Tuck shop dates

Fri 3rd Oct - Year 3

Fri 10th Oct - Year 5

Fri 17th Oct - Black history month event

Fri 24th Oct - Reception Term Dates

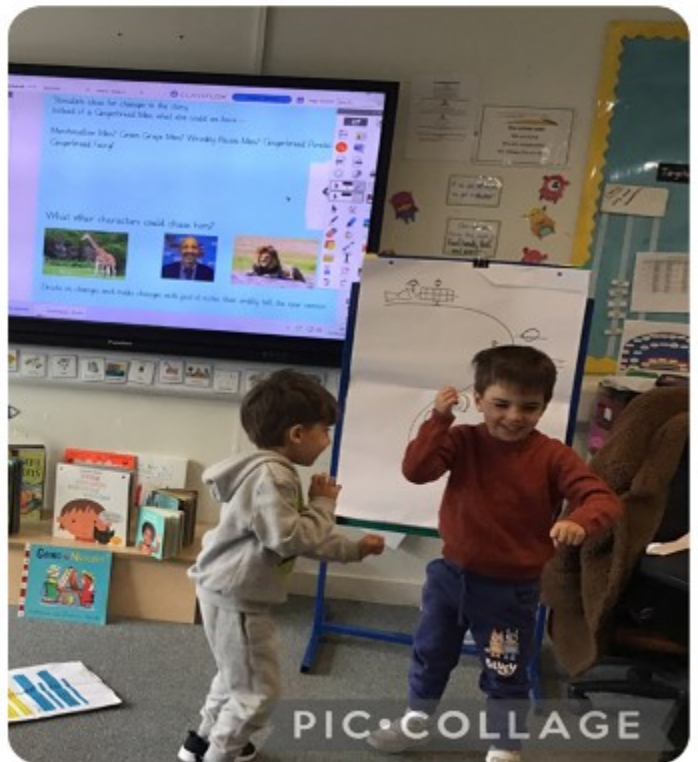
Autumn 1 half term finishes on:

Friday 24th

October 3:15 p.m.

Friday 26th September 2025

Our learning in pictures: Nursery



Our learning in pictures: Reception



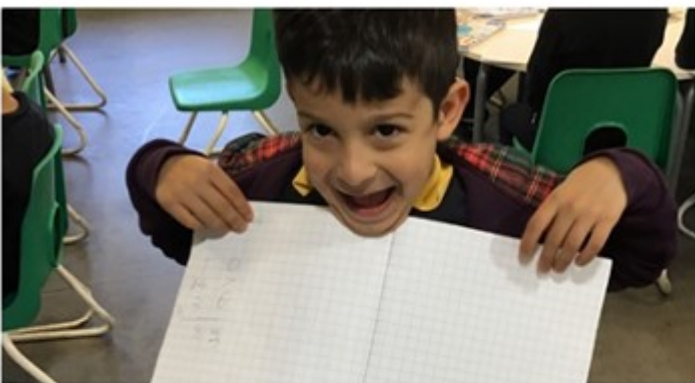
Our learning in pictures: Year 1



PIC•COLLAGE

Friday 26th September 2025

Our learning in pictures: Year 2



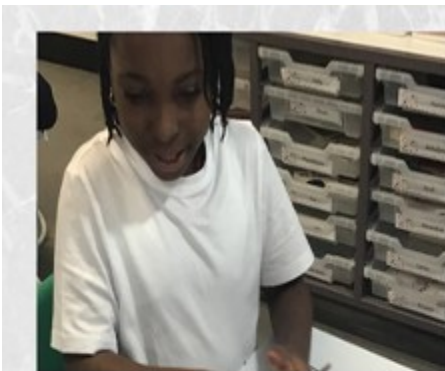
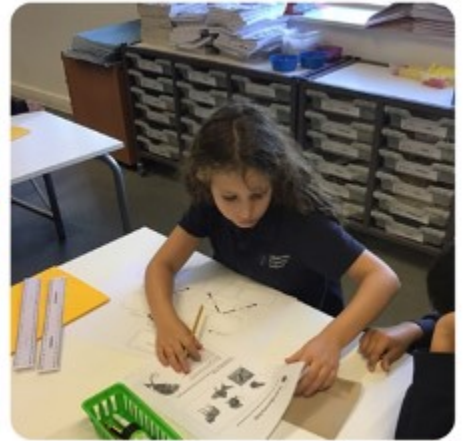
Friday 26th September 2025

Our learning in pictures: Year 3



Friday 26th September 2025

Our learning in pictures: Year 4



Our learning in pictures Year 5



Our learning in pictures Year 6



PIC•COLLAGE