



PSHCE Subject Statement

<p>Subject</p>	<p style="text-align: center;">PSHCE <i>'When you learn, teach, when you get, give' – Maya Angelou</i></p>		
<p>Purpose and aims</p>	<p>Personal, Social, Health, Citizenship and Economic (PSHCE) education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. At Ashmount we aim to ensure that PSHCE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life. Our PSHCE curriculum also includes the compulsory subjects of relationships and health education. Our sex and relationship education programme is taught as part of our comprehensive PSHCE curriculum.</p> <p>Our PSHCE is taught through the Islington scheme of learning titled: You, Me PSHCE which reflects modern times, with practical guidance and ideas, assisting schools to provide children with the vital, good quality PSHCE lessons they are entitled to, to be safer in an everchanging world.</p> <p>Throughout their time at Ashmount, children learn to develop their knowledge and share their thoughts and views about how to develop their own physical and mental wellbeing, how to interact positively with others in the school, the community and the wider world, in order to be happy and successful members of society.</p>		
<p>Core values</p>	<p style="text-align: center;"><u>Community</u></p> <p>Relationships is a key area of PSHCE, how to interact with others, develop friendships and know how to ask for help when relationships are not going so well. As part of our PSHCE curriculum pupils learn how to be active, responsible and respectful members of our community.</p>	<p style="text-align: center;"><u>Responsibility</u></p> <p>Our PSHCE curriculum supports children's knowledge and understanding of how to make responsible choices. Children learn the importance of democracy and how to keep themselves safe, both physically and mentally. Each child is a member of our school council.</p>	<p style="text-align: center;"><u>Growth</u></p> <p>PSHCE units at Ashmount help a child grow and reach their full potential. They help them develop positive relationships and make healthy choices about their own body and mind.</p>



Knowledge and skill progression

Early Years Foundation Stage

Nursery and Reception have units on “Ourselves” where children are encouraged to develop self-confidence and awareness. They can try things out and begin to share their ideas.

This continues in other units, where they also:

Learn how to play with others and share; taking turns and express their feelings.

Role play and begin to develop relationships.

Develop confidence and ask an adult for support if they need it.

Gradually, they learn how to show sensitivity towards others helping them to form positive relationships.

They learn about behaviour and rules, discussing why we have them and consequences of not following them.

There are many links to Science too and for EYFS, Understanding the World, thinking about their physical world and community and how to ask questions, explore and manage feelings and behaviour in different environments to stay safe.

In Years 1 – 6 Ashmount follows the Islington Scheme of Work, You, Me, PSHE which is divided into units and is spiral, revisiting and rebuilding on knowledge and skills to deepen understanding at an age appropriate level. In most year groups there is a different focus in each half term.

Occasionally, if a unit is longer it may span two half terms.

All year groups teach at least 3 PSHCE lessons each half term and will also conduct circle time of discussion with class relating to any areas noticed around personal development, for example, friendships.

Underlying the PSHCE curriculum the school holds regular assemblies which emphasise the school’s values of community, responsibility and growth, for example, on anti-bullying.

The units studied are:

- Physical health and wellbeing Yrs 1,2, 3, 4, 5
- Keeping safe and managing risk Yrs 1,2, 3, 4, 5, 6
- Identity, Society and Equality Yrs 1, 3, 5, 6 (note RSHE taught in Yrs 2 and 4)
- Mental Health and Emotional Well-being Yrs 1, 3, 5, 6 (note RSHE taught in Yrs 2 and 4 with reflection about self)
- Drugs, Alcohol and Tobacco Education Yrs 1,2, 3, 4, 5, 6
- Careers, economic capability financial well-being 1, 3, 5
- Relationships, Sex and Health Education (RSHE) Yrs 2, 4, 6



	<p>An example of progression would be, for the unit Drugs, Alcohol and Tobacco Education, in Year 1 children learn about what we can put into or on our bodies and how this can make people feel; in Year 2 children learn about medicines, why people might need to use them and where people get them, where they should be stored and how to be safe around medicines. In Year 3 children learn definition of drugs and that they can be harmful; there is emphasis about harmful effects of smoking. In Year 4 children learn about how people make choices and some choose to use drugs such as alcohol. Children find out about the risks and effects of drinking alcohol. In Year 5 children find out about the risks and effects of tobacco and cannabis. They think about how people can resist giving in to peer pressure. In Year 6 children learn more about the harmful effects of drugs including tobacco, solvents, medicines, alcohol and other legal and illegal drugs and how to manage risk in situations involving drug use.</p>		
<p>Characteristics of effective learning</p>	<p style="text-align: center;"><u>Engagement</u></p> <p>Children engage in our PSHCE curriculum through discussion, reflection and interesting activities.</p> <p>Lessons are often practical in nature and therefore children are able to act out, discuss, draw, present and share their knowledge and understanding.</p>	<p style="text-align: center;"><u>Motivation</u></p> <p>Children are motivated in PSHCE as it focuses on them – their body, mind, relationships and choices.</p>	<p style="text-align: center;"><u>Thinking</u></p> <p>Each unit has at least three lessons so there is opportunity to revisit and build as the unit progresses. The units are spiral so will get revisited over different year groups. The school's values and indeed rules are prevalent throughout much of the PSHCE learning and so is regularly revisited within lessons (around mental well-being, kindness etc), events (e.g. identity is within Black History Month or LGBTQ fortnight) and assemblies.</p>
<p>Communication and vocabulary</p>	<p>Key vocabulary is introduced within the WALT and looked at within the lesson. Many lessons have a discussion element (paired or group activity) and therefore the children have the opportunity to share their thoughts using the vocabulary taught. During whole class discussion, the teacher can address or correct misconceptions, model correct use of vocabulary and extend learning through questioning.</p>		
<p>Cultural capital "the essential knowledge pupils need to become educated citizens"</p>	<ul style="list-style-type: none"> • Much of the learning in PSHCE is about children developing the knowledge and skills to become citizens equipped for life as they grow into older children, adolescents and adults. They learn what it means to be good citizens and how they can live out the five British values. • School Council – everyone at Ashmount is part of our school council and therefore has a voice. • Assemblies often have a PSHCE link and provide weekly opportunities to grow as a whole school community, reflecting on key themes such as behaviour, responsibility, respect, democracy and community. 		



<p>“introducing them to the best that’s been thought and said”</p> <p>“engendering an appreciation of human creativity and achievement”</p>	<ul style="list-style-type: none"> • Workshops are planned around the PSHCE curriculum, for example, Equaliteach on Racism or Equality, along with workshops on LGBT and gender during LGBT month.
<p>Learning experiences</p>	<p>In PSHCE children are encouraged to learn through taught input of key knowledge and skills including vocabulary so there is always a clear WALT. However, as the emphasis is often on discussion, much of PSHCE is activity based with discussion led by the teacher. Activities stimulate debate and discussion and encourage paired or team work. Often then sharing as a class helps to develop all children’s understanding, address misconceptions and helps to build cohesion among a class.</p>
<p>High quality resources</p>	<p>There is emphasis on using resources that have been developed by the Borough of Islington. These include picture resources and resources to stimulate thinking and discussion for example “continuums” where children put scenarios on a continuum from most risky to least risky (i.e. Yr 4, Drugs, Alcohol and Tobacco Education).</p> <p>Texts and stories are also used as stimulus and to further understanding (on displays for example) and items can be borrowed from Islington Library to assist with learning.</p> <p>Children have the opportunity to explore some items “packaging” or associated items, for example sun products in Year 1 (sun glasses, sun cream, Sun hats). In PSHE children in Year 4 and 6 are shown sanitary products and other items to do with growing up, whether it is combs, deodorants or skin care product (packaging).</p>