

## Reception: People Who Help Us

### Prime Areas:

#### Personal Social and Emotional

- Self care: taking care of our own toileting and hygiene needs.
- Sharing the All About Me box
- Knowing and talking about factors that support overall health and wellbeing such as: being a safe pedestrian on trips, regular physical activity and safe 'screen time'.
- Thinking about the perspectives of others and celebrating different types of families.

#### Communication and Language

- Learn new vocabulary
- Engage in storytimes and become familiar with the elements needed, so that we are able to tell our own stories.
- Articulate our ideas into well-formed sentences.
- Listen carefully to rhymes, songs and stories.

#### Physical Development

- Using core muscle strength to achieve good posture when sitting at a table and sitting on the carpet
- Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.
- Develop overall body-strength, balance, co-ordination and agility.
- Navigate apparatus safely and with control.
- Revise and refine our climbing and balancing skills

### Specific Areas:

#### Mathematics

- Subitise amounts
- Use spatial language
- Explore the composition of numbers to 10.
- Continue, copy and create repeating patterns.
- Compare numbers.

#### Understanding the World

- Talk about members of our community.
- Recognise that people have different beliefs and celebrate special times in different ways.
- Understand the effect of changing seasons on the natural world around them.

#### Expressive Arts and Design

- Create collaboratively, sharing ideas, resources and skills.
- Explore, use and refine a variety of artistic effects to express their ideas and feelings.
- Learn about and talk about the work of famous artists.
- Engage in woodwork sessions.

#### Literacy

- Read individual letters by saying the sounds for them
- Form lower case letters correctly
- Identify the initial sound in a word.
- Spell words by identifying the sounds and then writing the sound with letter/s.
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